

Student Disability Services

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Test Anxiety Documentation Guidelines

Beginning with the revisions to the Americans with Disabilities Act (ADA) in 2008, test anxiety is no longer considered a disability under federal law.

If you are applying for academic accommodations related to anxiety, your assessor must diagnose you with an anxiety disorder that is more general (such as Generalized Anxiety Disorder) and must include examples of areas of your life with anxiety creates a disability beyond the testing situation.